



Rizing Stars

Competition Team



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The Rizing Stars Overview



The Rizing Stars purpose is to allow further opportunity for Dancers looking to expand their dance knowledge in professional experiences with a close knit community.

The Rizing Stars Team is directed by Dane, Amanda and other faculty. All decisions about the Team including conventions, competitions, costumes, etc. are ours. We are available to talk about your child's progress and concerns. Simply connect with the front desk to set up a specified appointment time.



Why do you want to join the Rizing Stars Competitive Team?

to make friends and have fun?
to grow your dance knowledge?

to grow as a professional dancer?
to perform more frequently?



We will accomplish all this and more!

We have 4 Levels of Commitment to meet your Dancers goals:

Hip-Hop Crew Dancer

- 3 class total - For the Hip-Hop style dancer

Debut Dancer

- 4-5 classes total - New Member & Style Focused Intermediate Dancers

All Star Dancer / + Hip-Hop Crew

- 7-8 classes total - Intermediate / Advance Well Rounded Dancers

Pre Pro Dancer

- 10+ classes total - Continuing All Style Advance Career Path Dancers



Age Groups (ages as of January 1, 2026):

Petit: 6-7 years Mini: 8-10 years Jr: 11-12 years Teen: 13-15 years Sr: 16-19 years

Styles:

Hip-Hop Contemporary Lyrical Jazz Musical Theater Tap Ballet Pointe

Group options:

Solo (1 dancer) Duo/Trio (2-3 dancers) Small Group (4-9 dancers)
Line (10-15 dancers) Large Group (16-20 dancers) Class (21+ dancers)

Dancer/Parent Expectations

What is expected from Team Dancers?

- Belief in Rize All Choreographers and Faculty
- 100% commitment to the Rizing Stars Team - This means that the Team comes 1st
- Technique classes, rehearsals, conventions, and competitions are **1st priority**
- Giving your best in class to perform your best onstage in proper dress code
- Respect to all faculty and fellow dancers...everyone!
- Positive, Team Attitude. LETS HAVE A GREAT YEAR!



What is expected from a Team Dancer's Parent/Guardian?

- Belief in Rize All Choreographers and Faculty
- 100% commitment to the Rizing Stars Team and your dancer - This means that the Team / your dancer(s) come 1st
- Communication is key! If you have any concerns or questions, please bring them to us first before making assumptions
- Respect to all faculty, parents and students...everyone!
- Positive, Team Attitude. LETS HAVE A GREAT YEAR!!



Rize All will **not tolerate any negativity** putting anyone in a position of stress. We expect everyone to have a safe space mentally and physically for this great opportunity for the dancers. If you ever have any concerns, please set up a meeting to **talk to a Director first**. We always have an open door to listen, solve and improve for everyone.



Rizing Stars RAP Non-Profit

We have a separate Non-Profit to serve the Rizing Stars families to assist with finances and make every opportunity available to all dancers. Team Dancers are responsible for financing their own travel, convention, competition, costume, and other expenses. Fundraisers will be encouraged but not required. The group's goal is to help support the parents from a financial point of view. The scope of assistance includes competition/convention fees, monthly class/rehearsal tuition, and other fees due.



GroupMe: We will use GroupMe for event day communication.

Download the app to join RAP - Rize All Parents!

SCAN ME



Hip-Hop Crew Dancer

Hip-Hop Crew Dancers will be in either Intermediate or Advance Level classes depending on audition placement. Here are the mandatory classes and optional add ons:

June - May: Intermediate Technique Classes

Hip-Hop Monday
Jazz Monday

Optional Add-on Classes:

Ballet Wednesday
Contemporary Wednesday
Tap Monday



Advanced Technique

Hip-Hop Monday
Jazz Tuesday

Optional Add-on Classes:

Contemporary Tuesday
Ballet Tuesday
Tap Monday

June - May: Int Rehearsals / Summer Bonus Class

Group Monday / Wednesday / Thursday

Adv Rehearsals / Summer Bonus Classes

Group Monday / Tuesday / Wednesday / Thursday

Tuition Monthly

\$70 first Technique Class
\$68 per additional Technique Class



5 Class rate 10% perk Summer

\$206 monthly for 3 Mandatory Technique / Rehearsal Classes



Convention / Competition fees

3 Conventions - \$330 / \$60
3 Competitions - \$140 / \$85

\$118 monthly (estimated, final amount given in August)



Disneyland Fees

Class / Perform / Shirt - \$95
Tickets - TBA

Costumes / Other fees

\$300 Shirt / Top / Bottom / Other
\$144 total for Costumes (estimated, final amount given in August)
\$216 total for Nutcracker / Recital Costumes (estimated, final amount given in August)
\$35 Professional Photoshoot

Everything (except Disneyland tickets) broken up monthly June- May = \$401

Rizing Star All Star Dancer Perks

- Early Ticket Sale
- Specialty Costume and Merch Discounts 10%
- Exclusive Merch
- FREE Annual Registration
- Exclusive Monthly Master Mixers / Master Classes
- In Summer Jam / Nutcracker Hip-Hop and Jazz + Add on Classes



Debut Dancer

All Debut Dancers will be in Intermediate Level classes. Here are the mandatory classes and optional add ons:



June - May: Technique Classes

Hip-Hop Monday
Jazz Monday
Ballet Wednesday

Optional Add-on Classes

Tap Monday
Contemporary Wednesday

June - May: Rehearsals / Summer Bonus Classes

Group Monday / Wednesday / Thursday



Tuition Monthly

\$70 for first Class
\$68 per additional Class
10% Additional Perk



\$308 monthly for 5 Mandatory Technique / Rehearsal Weekly Classes



Convention / Competition fees

3 Conventions - \$220 each
3 Competitions - \$140 each

\$90 monthly (estimated, final amount given in August)

Disneyland Fees

Class / Perform / Shirt - \$95
Tickets - TBA



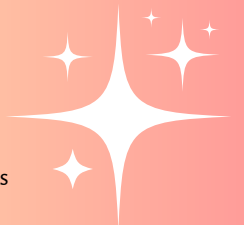
Costumes / Other fees

\$300 Jacket / Backpack / Shirt / Top / Bottom / Other
\$144 total for Comp Costumes (estimated, final amount given in August)
\$288 total for Nutcracker / Recital Costumes (estimated, final amount given in August)
\$35 Professional Photoshoot

Everything (except Disneyland tickets) broken up monthly June - May = \$470

Rizing Star Debut Dancer Perks

- Early Ticket Sale
- Specialty Costume and Merch Discounts 10%
- Exclusive Merch
- FREE Annual Registration
- Exclusive Monthly Master Mixers / Master Classes
- In Summer Jam / Nutcracker Hip-Hop, Jazz and Ballet + Add on Classes



All Star Dancer

All Star Dancers will be in either Intermediate or Advance Level classes depending on audition placement. Here are the mandatory classes and optional add ons:

June - May: Intermediate Technique Classes

Hip-Hop Monday
Jazz Monday
Ballet Wednesday
Contemporary Wednesday



Advanced Technique

Hip-Hop Monday
Jazz Tuesday
Contemporary Tuesday
Ballet Tuesday
Pointe Tuesday if eligible

Optional Add-on Classes:

Tap Monday

Optional Add-on Classes:

Tap Monday

June - May: Int Rehearsals / Summer Bonus Class

Group Monday / Wednesday / Thursday

Adv Rehearsals / Summer Bonus Classes

Group Monday / Tuesday / Wednesday / Thursday

Tuition Monthly

\$70 first Technique Class
\$68 per additional Technique Class
20% Additional Perk
5 Class rate 10% perk Summer



\$382 monthly for 7 Mandatory Technique / Rehearsal Classes

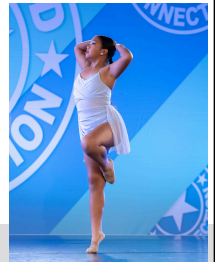
Convention / Competition fees

3 Conventions - \$330 each
3 Competitions - \$280 each

\$153 monthly (estimated, final amount given in August)

Disneyland Fees

Class / Perform / Shirt - \$95
Tickets - TBA



Costumes / Other fees

\$175 Shirt / Top / Bottom / Other
\$256 total for Costumes (estimated, final amount given in August)
\$320 total for Nutcracker / Recital Costumes (estimated, final amount given in August)
\$35 Professional Photoshoot

Everything (except Disneyland tickets) broken up monthly June- May = \$596

Rizing Star All Star Dancer Perks

- Early Ticket Sale with \$2 off up to 10 tickets
- Specialty Costume and Merch Discounts 20%
- Exclusive Merch
- FREE Annual Registration
- Exclusive Monthly Master Mixers / Master Classes
- Family Class Discount \$10 per dancer
- In Summer Jam / Nutcracker Hip-Hop, Jazz, Ballet and Contemporary + Add on Classes



All Star Dancer + Hip-Hop Crew

All Star Dancers will be in either Intermediate or Advance Level classes depending on audition placement. Here are the mandatory classes and optional add ons:

June - May: Intermediate Technique Classes

Hip-Hop Monday
Jazz Monday
Ballet Wednesday
Contemporary Wednesday



Advanced Technique

Hip-Hop Monday
Jazz Tuesday
Contemporary Tuesday
Ballet Tuesday
Pointe Tuesday if eligible

Optional Add-on Classes:

Tap Monday

Optional Add-on Classes:

Tap Monday

June - May: Int Rehearsals / Summer Bonus Class

Group Monday / Wednesday / Thursday

Adv Rehearsals / Summer Bonus Classes

Group Monday / Tuesday / Wednesday / Thursday

Tuition Monthly

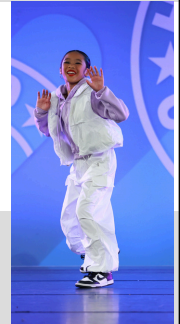
\$70 first Technique Class
\$68 per additional Technique Class
20% Additional Perk
5 Class rate 10% perk Summer



\$382 monthly for 7 Mandatory Technique / Rehearsal Classes

Convention / Competition fees

5 Conventions - \$330 / \$60
5 Competitions - \$280 / \$85



\$215 monthly (estimated, final amount given in August)

Disneyland Fees

Class / Perform / Shirt - \$95
Tickets - TBA

Costumes / Other fees

\$175 Shirt / Top / Bottom / Other
\$320 total for Costumes (estimated, final amount given in August)
\$320 total for Nutcracker / Recital Costumes (estimated, final amount given in August)
\$35 Professional Photoshoot

Everything (except Disneyland tickets) broken up monthly June- May = \$664

Rizing Star All Star Dancer Perks

- Early Ticket Sale with \$2 off up to 10 tickets
- Specialty Costume and Merch Discounts 20%
- Exclusive Merch
- FREE Annual Registration
- Exclusive Monthly Master Mixers / Master Classes
- Family Class Discount \$10 per dancer
- In Summer Jam / Nutcracker Hip-Hop, Jazz, Ballet and Contemporary + Add on Classes



Pre Pro Dancer

All Pre Pro Dancers will be in Advance Level classes. Here are the mandatory classes:



June - May: Advanced Technique

Hip-Hop Monday
Tap Monday
Jazz Tuesday
Contemporary Tuesday
Ballet Tuesday
Pointe Tuesday if eligible



June - May: Advanced Rehearsals / Summer Bonus Classes
Groups Monday / Tuesday / Wednesday / Thursday
Solo / Duo / Trio Monday / Tuesday / Wednesday / Thursday

Tuition Monthly

\$70 for first Technique Class
\$68 per additional Technique Class
30% Additional Perk
5 Class rate 10% perk Summer



\$477 monthly for Mandatory Technique / Rehearsal Classes



Convention / Competition fees

5 Conventions - \$330 / \$60
5 Competitions - \$550 / \$85

\$305 monthly (estimated, final amount given in August)

Disneyland Fees

Class / Perform / Shirt - \$95
Tickets - TBA



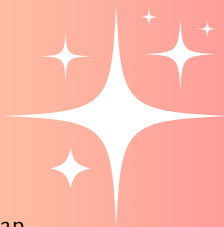
Costumes / Other fees

\$175 Shirt / Top / Bottom / Other
\$336 total for Comp Costumes (estimated, final amount given in August)
\$336 total for Nutcracker / Recital Costumes (estimated, final amount given in August)
\$35 Professional Photoshoot

Everything (except Disneyland tickets) broken up monthly June - May = \$836

Rizing Star Pre Pro Dancer Perks

- Early Ticket Sale with \$4 off up to 10 tickets
- Specialty Costume and Merch Discounts 30%
- Exclusive Merch
- FREE Annual Registration
- Exclusive Monthly Master Mixers / Master Classes
- Monthly FREE Private Class
- Family Class Discount 1 Dancer 1 Class FREE
- In Summer Jam / Nutcracker Hip-Hop, Jazz, Ballet, Contemporary and Tap



Dress Code

Rizing Stars Dancers are expected to dress appropriately for every class, rehearsal and event. Dancers need a unified appearance on and off stage to ensure the best performance. They may NOT alter their appearance during the season, including cutting and dyeing hair color without prior approval. **This must be followed to remain on the Team.** If a dancer comes to class not in dress code, they will be asked to watch class / take notes that day instead.

Here is how each Dancer should be dressed:

Ballet: pink tights, leotard, pink ballet shoes, hair in neat bun with all hairs out of face, may wear class skirt/fitted shorts/fitted jacket



Jazz/Contemporary/Other: hair in bun/ponytail as specified by Instructor with all hairs out of face, fitted pants/shorts, fitted shirt/jacket/leotard/bra top, barefoot preferred or for jazz tan jazz shoes for female, black jazz shoes for male



Hip-Hop/Tap/Other: hair in ponytail with all hairs out of face (unless otherwise specified by Instructor), athletic pants/shorts, fitted shirt/jacket/bra top, clean athletic shoes/black tap shoes



Performance Tentative Schedule

A final schedule will be given by **August 2025**.

Studio / Community Events

Rizing Stars Picture Day: July 12 TBA

Mega Master Classes: September 13 TBA

Community Performance: October TBA

Dress Rehearsal: October 4 4:30-7:30pm

December Nutcracker / Rizing Stars Showcase:
December 7 TBA

Community Performance: February TBA

Mega Master Classes: February 21 TBA

End of Year Recital: May 31 TBA



Sample Competition / Convention weekend

Friday 8am Solo / Duo / Trio Competition

- Awards throughout

Friday 3pm Group Competition

- Awards as late as 10pm

Friday 5pm Optional Classes

Saturday 7am Classes

- 11am ish Lunch

- 2pm ish Classes end

Saturday 3pm Group Competition

- Awards as late as 10pm

Sunday 8am Classes

- 11am ish Lunch

- 3pm Classes End

Sunday 3-4pm Wrap Party



Comp / Con

Hollywood Dante Jamz at Santa Clara: Nov 14-16

Mini 5-7, Junior 8-10, PreTeen 11-12, Teen 13-14,
Senior 15-18

Hotel: Please book online by July at
www.hollywooddancejamz.com/tour-dates/

Hollywood Connection at Hyatt Burlingame: Jan 23-25

Ages: CoStar 7-8, SuperStar 9-10, Guest Star 11-13,
Producer 14-19

Hotel: Please book online by July at
www.hcdance.com/event/santa-clara-ca/

Monsters at Hyatt SFO: Mar 20-22

Ages/Level: Jr 6-10, Intermediate 11-14, Advanced
15+

Hotel: Please book online by July at
www.monstersdance.com

Hip-Hop International at Anaheim: Apr 3-5

Ages/Level: Jr 7-12, Varsity 13-17, Adult 18+

Hotel: Please book online by July at
hiphopinternational.com/hhiusa/

Headliners at Rancho Cordova High Sch.: Apr 10-12

Ages: Mini: 6 & Under, Child: 7-9, Jr: 10-12, Teen: 13-15, Sr: 16-20

Sample Competition only weekend

Friday 8am - 8pm Competition (schedule out 2 weeks
before)

- Awards throughout as late as 10pm

Saturday 8am - 8pm Competition (schedule out 2 weeks
before)

- Awards throughout as late as 10pm

Sunday 8am - 8pm Competition (schedule out 2 weeks
before)

- Awards throughout as late as 10pm

Due Dates and All Tentative Schedule

A final schedule will be given by **August 2025**.

2025

Auditions **May 3**

Dancer Placement released **by May 19**

Contract Meeting **May 30 6:30-7:30pm**

Classes end **May 30**

Recital **June 1**

Disneyland **June 6 - 7**

NO Class **June 2 - 6**

June Tuition Due & Classes Start **June 9**

Master Mixer **June 14**

July Tuition Due **July 1**

Professional Photoshoot **July 12 TBA**

August Tuition Due **August 1**

Summer Jam **August 2**

Rehearsals Start **August 4**

Master Mixer **August 16 TBA**

September Tuition Due **September 1**

Mega Master Mixer **September 13 TBA**

Nutcracker Rehearsal **September 27**

October Tuition Due **October 1**

Dress Rehearsal **October 4**

Nutcracker Rehearsal **October 4 / 11 / 18 / 25**

Nutcracker Ticket Sales **October 17**

Fall-O-Ween **October 25**

Community Performance **October TBA**

November Tuition Due **November 1**

Master Mixer **November 7**

Nutcracker Rehearsal **November 1 / 8 / 15 / 22**

Hollywood Dance Jamz **November 14 - 16**

NO Class **November 24 - 28**

December Tuition Due **December 1**

December Nutcracker / Rizing Stars Showcase

December 7 TBA

Master Mixer **December 12**

NO Class **December 22 - January 2**

2026

January Tuition Due **January 1**

Monthly Master Mixer **January 16**

Hollywood Connection **January 23 - 25**

February Tuition Due **February 1**

Mega Master Mixer **February 21 TBA**

Community Performance **February TBA**

March Tuition Due **March 1**

Master Mixer **March 13**

Monsters **March 20 - 22**

NO Class **March 30 - April 3**

April Tuition Due **April 1**

Hip-Hop International **April 3 - 5**

Headliners **April 10 - 12**

Rizing Stars Info Night **April 18**

Recital Ticket Sales **April 18**

Rizing Stars Banquet **April 25 TBA**

May Tuition Due **May 1**

Auditions Day **May 2 TBA**

Dancer Placement released **by May 18**

Contract Meeting **May 29 6:30-7:30pm**

Classes end **May 29**

End of Year Recital **May 31 TBA**

NO Class **June 1 - 5**

Disneyland **June TBA**





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Forgotten body movements



Still also remember:
Head - eyes, Arms - fingers,
Legs - feet, Chest, Hips

Levels

Where does each move start AND end?

high - standing / extending

medium - wide stance / bending from the torso / hips

low - on ground / bending from torso / hips



Textures



How does each move start AND end?

sharp - percussive hit stopping in each individual move

fluid - sustained continually moving into the next but still seeing each move individually

stick - hitting move with tension and holding

melt - collapsing from a move while maintaining some of the shape of the move

Facials to tell the story

Who are you?

What are they doing?

How are they feeling?

How would they show this?

How do they interact with the other dancers and audience?

How do they change when the song changes?

What do you want everyone to know or NOT know?

**COMMIT to the character - you are not you dancing,
tell the story and bring us in**

