

Rizing Stars

COMPETITION DANCE TEAM



COPYRIGHT © 2023 RIZE ALL WWW.RIZEALL.COM

This booklet covers information related to the upcoming '23 - '24 Rizing Stars Year.

- Rizing Stars Mission	2
- Rizing Stars Success	3
- Dancer/Parent Expectations	4
- Parent Group/Booster Club & Fundraisers	4
- GroupMe Code	4
- Dancers Goals (why join??)	5
- Dancers Options	5
- Rizing Star Fam Perks	5
- Rehearsal/Technique Class Requirements	6
- Set Schedule	6
- Event Dates & Pricing	7
- Dress Code	8
- Policies	9
- Full Tentative Schedule	10



$RIZE \bigwedge LL$

The Rizing Stars Mission

The Rizing Stars purpose is to allow further opportunity for dancers looking to expand their dance knowledge in professional experiences. Dancers will have deeper intensive training in a positive environment with hands on instruction to help nurture them with more opportunities to perform dance as an art & sport.

The Rizing Stars Team is directed by Dane and Amanda. Therefore all decisions about the Team including conventions, competitions, costumes, etc. are ours. We are available to talk about your child's progress and concerns. Simply connect with the front desk to set up a specified appointment time.





What is the Rizing Stars Competitive Team?

The Rizing Stars Team is a wonderful opportunity for your child to grow as a dancer and form friendships that can last forever. This team is for the dancer that is serious about their dance career. They will work more intensively on their performance technique and overall athletic ability. It is an opportunity for dancers to compete at and attend dance competitions / conventions led by professional choreographers.

Who can join?

Any dancer age 6 - 19 by January 1, 2024. ALL dancers will be placed on the team and given the opportunity to continue their dance career, NO dancers will be turned away. We believe everyone deserves a chance to dance and work towards their goals.



$RIZE \bigwedge LL$

The Rizing Stars Success

Rize All Dance Success Strategy

There are 3 main parts for a successful competition dance

- Instructors give choreography that the dancers can do flawlessly
- <u>Dancers</u> give 110% in class / rehearsal time by being fully present in the moment
- <u>Dancers and Parents</u> practice at home regularly (about 10 mins per dance per day) making note of any questions for next rehearsal







Rize All Faculty Expectations

We strive to provide the best class, customer and overall experience for everyone at Rize All. We put in our 110% to ensure all dancers have the best choreography, technique and performance skills to help them grow and accomplish their dance goals. Our philosophy is dancers need 50% confidence, 30% energy and 20% technique for flawless success. We continually grow our own experience and work with all families and dancers to continue making improvements to thrive.

Dancers Class Expectations

Dancers should arrive early / on time in full proper dress code ready to give their 110% to dance as an art and sport. Our philosophy is dance is 50% art and 50% sport meaning we need to train both parts. Dancers will train the athletic side, ex. strengthening, stretching, endurance, etc. in the their technique classes. They will train the art side in their choreography and rehearsal class. Both are equally important and need to be strengthened.

Dancers and Parents Practice at Home Expectations

Dancers must practice at home to confidently lock in everything we are working on in class and truly see progression in their overall dance skill. Our philosophy is dancers should practice an average of 10 minutes per dance per day to be most successful. If they are in 2 comp dances and have 3 technique classes, this is 50 minutes a day at home per day average. Some days may be more, some may be less, but the key is consistency and repetition of the movements. We will post videos as often as possible as tools. Dancers should use this tool as a reference only and overall focus on being able to confidently do the movements energetically with facials / technique / etc, to the proper musicality.

$RIZE \bigwedge LL$

Dancer/Parent Expectations

What is expected from Team Dancers?

- Belief in Dane, Amanda, and other Rize All Choreographers and Faculty
- 100% commitment to the Rizing Stars Team This means that the Team comes 1st
- Technique classes, rehearsals, conventions, and competitions are 1st priority
- Giving your best in class to perform your best onstage in proper dress code
- Respect to all faculty and fellow dancers...everyone!
- Positive, Team Attitude. LETS HAVE A GREAT YEAR!

What is expected from a Team Dancer's Parent/Guardian?

- Belief in Dane, Amanda, and other Rize All Choreographers and Faculty
- 100% commitment to the Rizing Stars Team and your dancer This means that the Team / your dancer(s) come 1st
- Technique classes, rehearsals, conventions, and competitions are 1st priority
- Respect to all faculty, parents and students...everyone!
- Positive, Team Attitude. LET"S HAVE A GREAT YEAR!!

Rize All will **not tolerate any negativity** putting anyone in a position of stress. We expect everyone to have a safe space mentally and physically for this great opportunity for the dancers. If you ever have any concerns, please set up a meeting to **talk to Dane and Amanda first**. We always have an open door to listen, solve and improve for everyone.

Parent Group / Booster Club & Fundraisers

There is parent group that is voluntary to attend and help coordinate fundraisers, other events, and any other activities for everyone during the year. A few parents will be nominated at contract signing May 26th and chosen to serve as the head liaison to coordinate with the Directors monthly.

Rize All wants to make every opportunity available to dancers. To help with the finances, there is a Booster Club that will provide fundraiser opportunities throughout the year. Team Dancers are responsible for financing their own travel, convention, competition, costume, and other expenses. Fundraisers will be encouraged but not required. The Booster Club's goal is to help support the parents from a financial point of view. The scope of assistance includes competition/convention fees, monthly class/rehearsal tuition, and other fees due.

SCAN ME



GroupMe: We will use GroupMe for event day communication.

Download the app to join RAP - Rize All Parents!



Dancer's Goals (Why join??)

Why do you want to join the Rizing Stars Competitive Team?

to make friends and have fun? to grow as a professional dancer? to grow your dance knowledge? to perform more frequently?

We will accomplish all this and more!

What are my dancers options?

We have 3 Levels of Commitment to meet your dancers goals:

Intro (recommended for new dancers):

2 days a week max of classes Attend all Conventions/Competitions Team & 1 Group Dance max

All Star:

2-3 days a week max of classes Attend all Convention/Competitions Can attend HC Nationals (July event) Team & 3 Group Dances max

Pre Pro (recommended for career dancers):

3-4 days a week max of classes

Must take every main technique style (Jazz, Tap, Ballet, Hip-Hop, Contemporary)

Attend all Convention/Competitions

Recommend attending HC Nationals (July event)

Team & Group Dances & Solo/Duo/Trio opportunities

Age Groups (ages as of January 1, 2024):

Petit: 6-7 years Mini: 8-10 years Jr: 11-12 years Teen: 13-15 years Sr: 16-19 years

Styles:

Hip-Hop Contemporary Lyrical Jazz Musical Theater Tap Ballet Pointe Open Acro

Group options:

Solo (1 dancer) Duo/Trio (2-3 dancers) Small Group (4-9 dancers)

Line (10-15 dancers) Large Group (16-20 dancers) Class (21+ dancers)

Rizing Star Fam Perks

Team families get to enjoy the following NEW and usual perks:

- Specialty Costume and Merch discounts
- Higher MultiClass / Family discounts
- Early Event Ticket Access
- Monthly Mixer / Masterclass Events
- Exclusive Merch







Rehearsal and Technique Classes Requirements

Over Summer, dancers are expected to take all dance technique styles with an <u>All Access Class Pass</u>, including specialty Summer only classes. During the Fall/Spring, dancers are expected to take all dance technique styles coordinating with their commitment level or competitive dance styles + 1 other.

EX: If in HipHop comp only: technique and rehearsal requirements weekly:

- Rehearsal Class(es) - 1 HipHop technique class - 1 Jazz/Contemp/Ballet technique class

EX: If in Contemporary comp only: technique and rehearsal requirements weekly:

- Rehearsal Class(es) - 1 Contemp technique class - 1 Ballet technique class

When dancers audition, they will be placed on a "team" based on age / dancer skill level that will determine their set class schedule: **only need to look at your dancers age group



Pt / Mn 6-10yo

Mon 4:30-5:30pm Team Mon 5:45-6:30pm Tap Tue 5-5:45pm Jazz
Tue 5:45-6:30pm Ballet Wed 5-5:45pm HipHop Thu 5-5:45pm Contemp
Summer+: Tue 4:15-5pm Stretch/Strengthen Wed 4-4:30pm Ballroom

Wed 4:30-5pm Freestyle Thu 4:15-5pm Acro/Dance Tricks

Mn / Jr 8-12yo

Mon 4:30-5:30pm Team Mon 5:45-6:30pm Tap Tue 5-5:45pm Jazz
Tue 5:45-6:45pm Ballet Wed 5-5:45pm HipHop Thu 5-5:45pm Contemp
Summer+: Tue 4:15-5pm Stretch/Strengthen Wed 4-4:30pm Ballroom
Wed 4:30-5pm Freestyle Thu 4:15-5pm Acro/Dance Tricks

Jr / Tn 11-15yo

Mon 4:30-5:30pm Team Mon 5:30-6:30pm HipHop Wed 5:45-6:30pm Tap Wed 6:30-7:30pm Contemp Thu 5:30-6:45pm Ballet Thu 7:15-8:15pm Jazz Summer+: Mon 4-4:30pm Freestyle Mon 6:30-7:15pm Acro/Dance Tricks Wed 7:30-8:15pm Stretch/Strengthen Thu 5-5:30pm Ballroom

Tn / Sr 13-19yo

Mon 4:30-5:30pm Team Mon 7:15-8:15pm HipHop Tue 6:45-8pm Ballet
Wed 6:30-7:30pm Contemp Thu 6:30-7:15pm Tap Thu 7:15-8:15pm Jazz
Summer+: Mon 4-4:30pm Freestyle Mon 6:30-7:15pm Acro/Dance Tricks
Wed 7:30-8:15pm Stretch/Strengthen Thu 5-5:30pm Ballroom

Any Solo/Duo/Trio/Other groups will be assigned either 4-5pm or after 6:30pm Mon - Thu.

Set group rehearsal times: **only for those placed in each of these dances

Tn HipHop Mon 6:30-7:15pm Sr HipHop Mon 8:15-8:45pm Mn Jazz/MT Tue 4:30-5pm Mn HipHop Wed 4:30-5pm Tn Contemp Wed 7:30-8:15pm Mn Contemp Thu 4:30-5pm Tn Jazz/MT Thu 5-5:30pm

Event Dates and Pricing

***All dates & cities will be confirmed by August 2023. Please do not plan any vacations yet.

Dress Rehearsal September 29 5-8pm Giant Pumpkin Festival Elk Grove October 7-8 TBA December Showcase December 9 TBA May Recital May 18 TBA

Hollywood Connection at Hyatt Regency Santa Clara: <u>Jan 19-21</u> CoStar/SuperStar 7-10 / Guest Star 11-13 / Producer 14-19: 305

Solo: 130 Duo/Trio: 78 Group: 68

Nuvo at Hyatt Regency Santa Clara: Feb 9-11 TBA

Nubies 5-7: 205 Mini 8-10 / Jr 11-12 / Teen 13-15 / Sr 16-19: 305

Solo: 180 Duo/Trio: 88 Group: 68

Adrenaline at Doubletree Hilton San Jose: Mar 15-17 TBA

Sparks 5-7: 205 Mini 8-10 / Jr 11-12 / Teen 13-15 / Sr 16-19: 295

Solo: 180 Duo/Trio: 82 Group: 62

Headliners at Rancho Cordova High School: April 19-21 TBA??

Mini: 6 & Under, Child: 7-9, Jr: 10-12, Teen: 13-15, Sr: 16-20; Intermediate / Competitive

Solo: 120 Duo: 82 Trio: 60 Group: 55

Tuition (prices shown monthly, not all may apply to your dancer)

Summer All Access Pass: 350

Classes 3 4 5 6 7 8 9 10 11 12 13 14 Monthly 156 204 249 291 330 366 399 429 456 480 501 519

*2+ Dancers: 20 off monthly, No Annual Registration

Other:

New Dancer: Warm Up Jacket/Pants/Top/Shirt/Gift/etc: 340

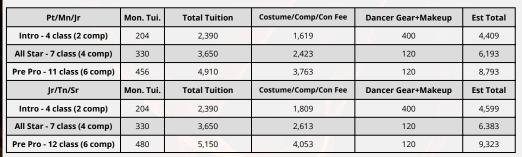
Continuing Dancer: Yearly Gear/etc: 120

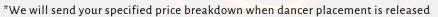
Makeup: 60 - bought on own

Costumes/Props/Shoes/Tights per dance: 90 - 200

Other: tights, shoes, food, hotel, etc

Estimates*









Dress Code

Rizing Stars Dancers are expected to dress appropriately for every class, rehearsal and event. Dancers need a unified appearance on and off stage to ensure the best performance. They may NOT alter their appearance during the season, including cutting and dyeing hair color without prior approval. This must be followed to remain on the Team. If a dancer comes to class not in dress code, they will be asked to watch class / take notes that day instead.

Here is how each Dancer should be dressed:

<u>Ballet:</u> pink tights, leotard, pink ballet shoes, hair in neat bun with all hairs out of face, may wear class skirt/fitted shorts/fitted jacket





<u>Jazz/Contemporary/Acro/Other:</u> hair in bun/ponytail as specified by Instructor with all hairs out of face, fitted pants/shorts, fitted shirt/jacket/leotard, barefoot preferred or for jazz tan jazz shoes for female, black jazz shoes for male





<u>HipHop/Tap/Other:</u> hair in ponytail with all hairs out of face (unless otherwise specified by Instructor), athletic pants/shorts, fitted shirt/jacket, clean athletic shoes/black tap shoes





Other Policies /



<u>Dancers can only miss up to 2 rehearsals and 2 technique class</u> times for the year otherwise they may be dismissed from a dance or the team. If they must miss any, they <u>must schedule a private make up class</u> at the regular rate immediately.

If a Dancer becomes injured to the extreme that they are unable to dance / perform, they will still be required to attend all class and rehearsal times to observe, take notes, and strengthen their bodies until they are able to return to class. Team Dancers may be removed from a piece until they are cleared by a Doctor to return.

<u>The week of a performance, "rally week", is mandatory in full costume/hair (not makeup).</u>

Missing this week may result in the immediate dismissal of the upcoming performance and may result in removal from the piece completely. The week after, "reflection week", is also mandatory and especially important.

All date conflicts for the year must be on the final contract. There is a form to submit other dates as they may come up. Any date conflict with a Competition/ Convention/ Performance/ Week of Event will not be tolerated and will result in dismissal from the team.

Dancers a part of the team will <u>take dance class exclusively at Rize All Arts Center</u>. This includes, but not limited to, master classes, auditions, and technique classes at other studios and venues. Failure to follow this policy may result in removal from the Team.

All intellectual property / copyright, including but not limited to, choreography, lesson plans, music, copyrightable works, trademarks, service marks and trade secrets invented, developed, created or discovered by Rize All in performance of work shall vest and be the property of Rize All. Any use of this choreography and music remixes without written permission by the Directors involved is strictly prohibited.

Rize All members shall indemnify, defend, and hold harmless Rize All, its Trustees, officers, agents, and employees, from liability of any kind, including all claims and losses for injuries to persons or damage to property accruing or resulting to any other person, firm, or corporation furnishing or supplying work, services, materials, or supplies in connection with the performance of service, and from any and all claims and losses accruing or resulting to any person, firm, or corporation that may be injured or damaged by member in the performance of service. All information given to you in confidence of privacy or secrecy of the company of individuals shall stay confidential within Rize All.

All awards received at competition will be displayed at Rize All. Exceptions are for dancer specific awards for Solo or whole family Duo/Trio where the dancers receive a prize for their specific performance. Please talk with Dane or Amanda if you are unsure.

All communication should occur through email to dance@rizeall.com. If a meeting is needed, we can schedule through there. You can also text 916-538-3255 for the front desk for any last minute needs.

A final payment plan will be posted in August outlining final fees for the year. All fees will be autopay online on the due date listed. They may also be paid in person before the due dates. Rize All does their best to be completely upfront with all the costs involved with the team. Some fees may go up with reasonable notice if the supplier/company raises them.

Full Tentative Schedule

A final schedule will be given by August 2023. Please do not plan any vacation or other dates until this time. Events in bold and underlined are mandatory, no exceptions.

2023

Auditions April 28

Dancer Placement released May 7

Contract Meeting May 26 6:30-7:30pm

NO Class May 29 - June 2

Summer Tuition Due & Classes Start June 5

Monthly Master Mixer June 30 5:30-7pm

NO Class July 3 - 7

Warm Ups Cost Due** July 10

Fall Classes Start July 31

August Tuition Due August 1

Monthly Master Mixer August 4 5:30-7pm

Costumes Due** August 18

September Tuition Due September 1

YES Class September 4

Monthly Master Mixer September 8 5:30-7pm

1st Comp Due** September 15

Dress Rehearsal Sept 29 5 - 8pm

October Tuition Due October 1

Monthly Master Mixer October 6 5:30-7pm

Giant Pumpkin Performance Oct 7 & 8 TBA

Comp Picture Day October 14 10am - 12pm

2nd Comp Due**October 15

November Tuition Due November 1

Monthly Master Mixer Novem 10 5:30-7pm

December Tickets on Sale November 10 12pm

3rd Comp Due** November 15

NO Class November 20 - 24

December Tuition Due December 1

Monthly Master Mixer December 1 5:30-7pm

Showcase Dec 9 / 10 TBA

4th Comp Due** December 15

NO Class December 25 - January 5

2024

January Tuition Due January 1

Monthly Master Mixer January 12 5:30-7pm

YES Class January 15

HC - Santa Clara 1st Comp January 19 - 21

February Tuition Due February 1

Monthly Master Mixer February 2 5:30-7pm

2nd Comp February TBA

May Recital Costume Due February 15

YES Class February 19

March Tuition Due March 1

Monthly Master Mixer March 1 5:30-7pm

Adrenaline - San Jose 3rd Comp March 15 - 17

NO Class March 25 - 29

April Tuition Due April 1

Monthly Master Mixer April 5 5:30-7pm

May Tickets on Sale April 12 12pm

4th Comp April TBA

Auditions Day April 26

May Tuition Due May 1

Rizing Stars Banquet May 10 5:30-8pm

Picture Week May 13 - 16

Recital May 18 / 19 TBA

Testing week May 20-24

Classes end May 24

Contract Meeting May 24 6:30-7:30pm

NO Class May 27 - 31



